



























COVID-19 Food Assistance Directory

Free/Low-Cost Meals









Organisation	Location and Phone Number	Service	Day and Time	Cost	Conditions of Use	Transport
Rev Bill Crews Foundation, Redfern	Baptist Fountain, Redfern Park <i>Ph: 8752 4600</i>	Lunch	Tues: 12:40pm - 1:10pm	Free	For anyone in need	 9 min walk from Redfern Station
	4 Kettle St, Redfern <i>Ph: 8752 4600</i>	Lunch	Tues: 11:40am - 12:30pm & Thurs: 11:40am - 1pm			 12 min walk from Redfern Station
St Vincent's Night Patrol, Surry Hills	Eddie Ward Park, Belvoir Street side, Surry Hills <i>Ph: 9518 0303</i>	Dinner	7 nights a week: 7:30pm - 8:15pm and 9:45pm - 10:30pm	Free	Those experiencing or at risk of homelessness	 14 min walk from Central Station
St Vincent's Night Patrol, Haymarket	Belmore Park, Eddie Avenue, Haymarket <i>Ph: 9518 0303</i>	Dinner	7 nights a week: 10:45pm - 11:30pm	Free	Those experiencing or at risk of homelessness	 3 min walk from Central Station
The Salvation Army, Sydney Streetlevel Mission	At the top of Derby Lane (off Albion St), Surry Hills <i>Ph: 9698 3586</i>	Takeaway lunch	Mon to Fri: 12pm - 1pm (<i>minus public holidays</i>)	Free	For anyone in need	 13 min walk from Central Station
ACON Sydney Meal Service	ACON Café, 414 Elizabeth St, Surry Hills <i>Ph: 9206 2000</i>	Takeaway lunch	Fri: 12pm - 1:30pm	Free	For those living with HIV	 8 min walk from Central Station
Wayside Chapel	29 Hughes St, Kings Cross <i>Ph: 9581 9100</i>	Takeaway breakfast and lunch. A food drop is also available for those in need (call for more info)	7 days a week: 9:30am - 2:30pm	Low cost	For anyone in need	 6 min walk from Kings Cross Station  Delivery
Rev Bill Crews Foundation, Food Truck	Yurong Parkway, Wolloomooloo <i>Ph: 8752 4600</i>	Dinner	7 nights a week: 7:30pm - 8:30pm	Free	For anyone in need	 9 min walk from St James Station  Light Rail
Canice's Kitchen	28 Roslyn St, Elizabeth Bay <i>Ph: 9358 5229</i>	Coffee, pastries and takeaway lunch	Mon - Sat: 9am - 12:30pm	Free	For anyone in need	 7 minute walk from Kings Cross Station  Light Rail

Key

-  Train
-  Bus
-  Delivery
-  Light Rail







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The Station Ltd	82 Erskine St, Sydney Ph: 9299 2252	Takeaway breakfast	7 days a week: 7:30am - 9am	Free	For anyone in need	 2 minute walk from Wynyard Station
		Takeaway lunch	7 days a week: 12pm to 12:30pm			
Newtown Mission	The Jordan Café, 280a King St, Newtown Ph: 9519 9000	Takeaway lunch	Tues, Wed & Fri: 1pm to 3pm	Free	For anyone in need	 3 min walk from Newtown Station
		Takeaway dinner	Thurs: 7pm - 8pm			
Rev Bill Crews Foundation, Ashfield	Loaves & Fishes Free Restaurant, 180 Liverpool Rd, Ashfield Ph: 8752 4600	Takeaway breakfast	7 days a week: 9am - 9:45am	Free	For anyone in need. Food parcels also available on request. Call for more info.	 5 min walk from Ashfield Station
		Takeaway lunch	7 days a week: 11:30am - 12:45pm			
Saint Nectarious	The Cottage Kitchen, 5 Burleigh St, Burwood Ph: 0415 124 709	Lunch	Mon: 12pm - 1pm	Free	For anyone in need	 2 min walk from Burwood Station
Rev Bill Crews Foundation, Campsie	North Parade, Campsie Ph: 8752 4600	Lunch	Thurs: 12pm - 12:45pm	Free	For anyone in need	 5 min walk from Campsie Station
One Meal	151 Belmore Rd North, Riverwood Ph: 9533 0100	Community dinner	Mon: 5pm - 5:30pm	Free	For those experiencing homelessness/those in need. Call for more info.	 9 min walk from Riverwood Station
St Merkorious Charity	3/6-20 Braidwood St, Strathfield South Ph: 9799 9954	Lunches and food hampers	Mon to Fri: 7am - 3pm	Free	Paperwork required for proof of hardship (i.e. Centrelink statement). Must be located in: Concord, Burwood, Strathfield, Punchbowl, Riverwood. Call for more information.	 From Central: Train to Strathfield Station and  bus 913 or M90  Delivery
Rev Bill Crews Foundation, Lakemba	206-210 Lakemba St, Lakemba Ph: 8752 4600	Lunch	Tues and Fri: 12pm - 12:45pm	Free	For anyone in need	 5 min walk from Lakemba Station


Free/Low-Cost Groceries and Food Parcels

Organisation	Location and Phone Number	Service	Day and Time	Cost	Conditions of Use	Transport
Oz Harvest Delivery, Redfern	Redfern Harm Reduction Program, 103-105 Redfern St (Turner St entrance) Ph: 9395 0400	Food and groceries	Thursday: around midday (<i>delivery times can vary</i>)	Free	For Harm Reduction Program service users	 7 minute walk from Redfern Station
Food Bank, Aboriginal Children's Service	18 George St, Redfern Ph: 0412 853 244	Food parcels	Weds: 4pm - 8pm & Thurs: 9:30am - 11:30am	Free	Local Aboriginal singles and families in need	 Delivery
Oz Harvest Market, Waterloo	95 Wellington St, Waterloo Ph: 1800 108 006	Food hampers and groceries	Tues to Sat: 10am - 2pm	Free/low-cost	For anyone in need	 13 min walk from Redfern Station
Hillsong CityCare, Emergency Relief	Unit 20, 198 - 222 Young St, Waterloo Ph: 9775 3754	Emergency food relief for individuals and families, incl. food hampers where available	Open Mon, Weds and Thurs: 9:30am - 1:30pm	Free	For individuals and families experiencing disadvantage. Call 8853 5391 or apply online.	 15 minute walk from Green Square Station
Mission Australia, Emergency Relief	31 Roslyn St, Kings Cross Ph: 9357 1144	Material or financial aid (e.g. vouchers and food parcels)	Open Mon to Fri: 9am - 5pm	Free	For those who are financially unstable (and reside in the Sydney City, Inner South and Inner West). Contact office for phone assessment. Centrelink statement required.	 Delivery  5 min walk from Kings Cross Station
Glebe Assistance Partnership Program (GAPP)	St John's House, 138a Glebe Point Road, Glebe (besides Church building) Ph: 9552 4164	Food parcels	Mon: 10am - 1pm Weds: 10am - 12:30pm	Free	For people experiencing financial difficulty. Must live in Glebe/surrounding areas and provide a Centrelink income statement.	 7 minute walk from Glebe light rail station
Rozelle Neighbourhood Centre	754 Darling St, Rozelle Ph: 9556 9500	Free bread and pastries Pop-up pantry	Weds: 10am - 12pm Last Friday of every month: 12pm - 2pm	Free Free	For those in need. Must be located in Inner West Sydney.	 From Central: Buses M50, 501, 440

Note: Information displayed here is correct at time of publishing. Please notify SLHD Harm Reduction Program on (02) 9395 0400 if there are any changes. July, 2021

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The Staples Bag, Camperdown	31 Pymont Bridge Rd, Camperdown <i>Ph: 9509 7200</i>	Low-cost groceries incl. milk, bread, pantry items, meat, vegetables, etc.	Weds. Temporarily doing drop-offs only.	Low-cost	For anyone in need. Staples Bags to be delivered to all Centrepay and TAG customers at the site. Call for more info.	 Delivery
Addi Road Food Pantry, Camperdown	31 Bridge Road, Camperdown <i>Ph: 9569 7633</i>	Groceries	Tues - Fri: 12pm - 4pm	Low-cost	For anyone in need	 From Central: buses 470, 438x, 422
Anglicare Mobile Community Pantry, Leichardt	All Souls Anglican Church, Cnr or Norton and Marion St, Leichardt <i>Ph: 9569 2646</i>	Affordable groceries	Once a month Monday, 10:30am - 11:30am. Coming dates: 19 July, 16 Aug, 13 Sept, 11 Oct, 8 Nov...	\$10 for a bag of groceries. 2 bags per visit.	For anyone in need. Bring along Pension, Health Care or Immigration Card.	 15 minute walk from Petersham Station
Anglicare, Food and Financial Assistance	Summer Hill Office: 1 Sloane St, Summer Hill <i>Ph: 1300 651 728</i> Marrickville Op Shop: 171 Marrickville Rd. <i>Ph: 8774 7467</i> St John's Anglican Church: 132a St Johns Rd, Glebe. <i>Ph: 9552 4164</i>	Food parcels packed to individual's requirements.	Mon to Fri: 9am - 5pm Mon to Fri: 9am - 5pm Mon and Weds: 9:30am - 4:30pm	3 free food parcels available per year.	Located in Sydney's Inner West for individuals and families experiencing financial difficulties.	 1 min walk from Summer Hill Station  9 min walk from Marrickville Station  From Central: buses 431, 433, 470, 480
Addison Road Community Centre Food Pantry	142 Addison Road, Marrickville <i>Ph: 9569 7633</i>	Low-cost, food rescue grocery shop. Emergency relief hampers available. Call for more info.	Mon to Fri: 12pm - 4pm	Low-cost	For anyone in need	 15 minute walk from Stanmore Station  Delivery
Anglicare Mobile Community Pantry, Marrickville	336 Marrickville Rd, Marrickville <i>Ph: 0449 111 780</i>	Affordable groceries and fresh food	Every second Monday, 12:30pm - 1:30pm. Coming dates: 05 July, 2 Aug, 16 Aug, 30th Aug...	\$10 for a bag of groceries. 2 bags per visit.	For anyone in need. Bring along Pension, Health Care or Immigration Card.	 7 min walk from Marrickville Station

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Prosper Project Australia, Sydney Help Hub	34 North Parade, Campsie, 2194 <i>Ph: 0402 787 571</i>	Emergency relief including: distribution of vouchers and free food.	Thurs: 12pm - 12:30pm	Free	For those across Greater Sydney (excl. Ryde) who are experiencing financial hardship. May apply for assistance via https://prosperprojectaustralia.org/welfare/	 Delivery  2 min walk from Campsie train station
The Staples Bag, Campsie	449 Canterbury Rd, Campsie, 2194 <i>Ph: 9787 6832</i>	Low-cost groceries, incl. milk, bread, pantry items, meat, vegetables, etc.	Mon to Fri: 9am - 5pm Sat to Sun: 9am - 2pm	\$10 weekly food bags. Other groceries at low price.	For anyone in need. Centrepay and TAG payments available.	 12 minute walk from Campsie Station
Oz Harvest Delivery, Canterbury	Canterbury Harm Reduction Program, 63 Tudor St, Belmore <i>Ph: 9718 2636</i>	Free food and groceries	Fri, around 10am <i>(Delivery time may vary)</i>	Free	For Harm Reduction Program Service users	 15 minute walk from Belmore Station
Anglicare Mobile Community Pantry, Canterbury	St Paul's Canterbury, 33 Church St <i>Ph: 9789 5991</i>	Affordable groceries	Every second Fri, 9:30am - 10:30am	\$10 for a bag of groceries. 2 bags per visit.	For anyone in need. Bring along Pension, Health Care or Immigration Card.	 7 min walk from Canterbury Station
Anglicare Community Pantry, Greenacre	Good Shepard Church, 80 Pandora St, Greenacre <i>Ph: 9750 8250</i>	Fresh food	Every second Wednesday, 1:30pm - 2:30pm. Coming dates: 2nd Sep, 16th Sept, 30th Sept, 14th Oct, 28th Oct, 11th Nov...	\$2 for a bag of food. 2 bags per visit.	For anyone in need. Bring along Pension, Health Care or Immigration Card.	 Train to Punchbowl Station and then bus 941  Train to Bankstown Station and then bus 946
Salvation Army Emergency Relief	Salvos Assessment Line: <i>1300 371 288</i>	Provision of emergency vouchers for food and financial assistance.	Available to contact between 9am - 5pm on Mon to Fri	Free	For those who need to access emergency relief to help them with an unexpected situation that has caused financial stress.	 Delivery

Organisation	Location and Phone Number	Service	Day and Time	Cost	Conditions of Use	Transport
Meals on Wheels	<p>General no: 1300 679 669</p> <p><i>St Peters</i> - 7, 8 - 10 Burrows Rd. Ph: 8512 4230</p> <p><i>Canterbury</i> - 2/2 Carrington Square, Campsie. Ph: 9718 3093</p> <p><i>Strathfield</i> - The Dutton Centre: 40 - 44 Augusta St. Ph: 8745 0086</p> <p><i>Greenacre</i> - Greenacre Citizens Centre: 202 Waterloo Rd. Ph: 9707 9646</p> <p><i>Beverly Hills</i> - 7 Holley Rd. Ph: 9584 1286</p>	Temporary or permanent low-cost delivery of chilled, frozen or hot meals.	Meals are delivered Mon to Fri, excluding public holidays.	Low-cost. Call your local Meals on Wheels service for more details.	For those aged 65 or older, are registered for My Aged Care, are registered with the Commonwealth Home Support Program (CHSP) or are younger with disability and registered with NDIS. Call to determine if eligible. No waiting lists or contracts.	 Delivery