

SEXUAL HEALTH SERVICES

Sydney Sexual Health Centre 9382 7440

Offers confidential testing, information and treatment of sexually transmitted infections, services for people living with HIV/AIDS and clinics for men who have sex with men, and Chinese and Korean speakers.

NSW Sexual Health Infoline 1800 451 624

Sexual health nurses, doctors and counsellors provide confidential support, information and referrals on sexual health and sexually transmitted infections.

WOMEN'S HEALTH SERVICES

Leichhardt Women's 9560 3011

Community Health Centre

Traditional and alternative health services for women of all ages and backgrounds, including counselling and workshops. Vietnamese speakers are on staff and interpreters for other languages can be arranged.

Family Planning NSW Healthline 1300 658 886

Telephone service providing advice on sexual health issues, contraception and reproduction.

Lou's Place 9358 4553

Provides drop-in and respite services for single women and women with children who are homeless.

MEN'S SERVICES

MensLine Australia 1300 78 99 78

Provides 24/7 telephone counselling, information and referrals for men with family and relationship concerns.

SMOKING QUITLINE

NSW Quitline 13 7848

Offers information and counselling for people who want to quit smoking over the telephone.

DRUG AND ALCOHOL SERVICES

Alcohol and Drug Information Service 9361 8000

Confidential telephone service that provides information, referral and advice about drug and alcohol usage, including needle syringe exchange programs, methadone programs, detox and rehabilitation.

NSW Users and AIDS Association 8354 7300

A peer-based community organisation that provides confidential education, information, advocacy and practical support to users of illicit drugs and their allies.

DIABETES SERVICES

St Vincent's Diabetes Centre 8382 2622

The centre is open to all members of the public who have been diagnosed with diabetes. Medical professionals can help with treating diabetes-related health issues about your eyes, feet and mental health.

Royal Prince Alfred Diabetes Centre 9515 5888

Primarily designed for people with diabetes who are managed by their general practitioner, medical professionals can assess any diabetes-related health complication and make recommendations for treatment to the referring doctor.

EYESIGHT AND HEARING SERVICES

VisionCare NSW 9344 4122

Free glasses for people in need of vision correction. Australian citizens and permanent residents are eligible, based on an income and assets means test.

Connect Hearing 9223 0225

A healthcare centre staffed by specialists, who assist people with managing their hearing difficulties through the provision of hearing tests, rehabilitation, and hearing aid fittings and repairs.

HEPATITIS INFORMATION

Hepatitis C Helpline 9332 1599

Helpline for anyone affected by Hepatitis C. Trained professionals offer information, advocacy and referrals to appropriate services, including peer support groups.

LGBT SERVICES

ACON 9206 2000

Health and wellbeing information and support to the lesbian, gay, bisexual and transgender communities, especially to people at risk of or affected by HIV.

The Gender Centre 9569 2366

A non-medical centre for gender diverse people. Services provided include counselling, information, referrals, social support and help with accommodation.

DOMESTIC VIOLENCE

Domestic Violence Line 1800 656 463

24/7 line offering counselling, information and referrals for women experiencing domestic violence.

CARERS

Carers NSW 1800 242 636

Offers information, referrals, support and counselling for anyone who is a carer including friends and relatives.



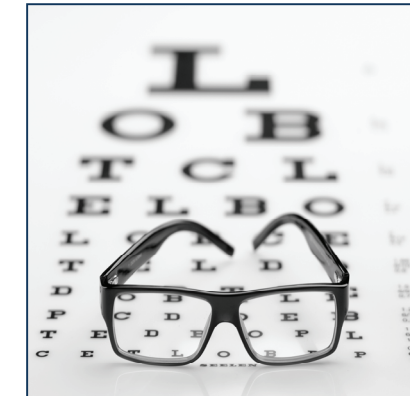
Inner Sydney
Regional Council

This brochure was developed by the
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Medical & Health Services

CITY OF SYDNEY



This brochure provides a list of free or low cost medical and health services for people living in the City of Sydney.

Services can provide you with support, information, options, appointments and referrals.

Please contact the services directly to discuss your health and medical needs.

MULTIPURPOSE HEALTH SERVICES

Balmain Hospital 9395 2111
Community-based hospital dedicated to providing aged care, rehabilitation and general practitioners. Clinics on-site for diabetes, nutrition, foot care and continence.

St Vincent's Community Health Service 8382 1450
A non-emergency service providing physiotherapy, counselling, foot care, post-discharge care, homeless outreach, HIV/AIDS nursing and aged care.

Redfern Community Health Centre 9395 0444
The centre offers services in mental health, HIV/AIDS, drug and alcohol, and community nursing.

Prince of Wales Community Health Centre 9369 0400
Health services are provided by social workers, speech pathologists, physiotherapists, occupational therapists and aged care nurses at the centre.

Royal Prince Alfred Hospital 9515 6111
The hospital provides specialist and allied health services including physiotherapy, podiatry, social work, speech pathology and nutrition.

MULTICULTURAL HEALTH SERVICES

Multicultural Health Service 9382 3309
Specialist health service that supports people from culturally and linguistically diverse backgrounds (CALD) to access health services and information.

Multicultural HIV and Hepatitis Service 9515 5030
Specialist advocacy and education service for people living with HIV and Hepatitis from CALD backgrounds.

Translating and Interpreting Service 131 450
Speak with an interpreter over the phone, make an on-site interpreter booking or have documents translated.

ABORIGINAL HEALTH SERVICES

Aboriginal Medical Service Co-operative 9319 5823
The co-operative provides health care to the Aboriginal community in mental health, dental, diabetes, drug and alcohol, and women's and children's health.

Aboriginal Oral Health Unit 9293 3438
Located at the Sydney Dental Hospital, the clinic provides free dental care to the Aboriginal community.

YOUTH HEALTH SERVICES

Youthblock Youth Health Service 9516 2233
Free and confidential support and information for young people aged 12 to 24-years-old.

Kids Helpline 1800 55 1800
Support, information and options via the telephone for young people aged 5 to 25-years-old.

HOMELESS HEALTH SERVICES

Haymarket Foundation Clinic 9331 1969
For people who are homeless or disadvantaged, the clinic offers medical and welfare services. Doctors, nurses and welfare staff are available for consultation.

Homeless Health Outreach Team 8382 1512
Specialists in mental health, drug and alcohol, and primary health care provide a homeless outreach.

EARLY CHILDHOOD HEALTH CENTRES

Centres offer baby check-ups, parenting courses, breastfeeding help and childhood immunisation.

Early Childhood Health Centre, Alexandria 8788 4288
Early Childhood Health Centre, Glebe 8788 4288
Early Childhood Health Centre, Kings Cross 9357 4851
Early Childhood Health Centre, Paddington 9380 4295

MENTAL HEALTH SERVICES

Mental Health Access Line 1800 011 511
State-wide 24/7 line providing information and referrals to local mental health centres and specialists.

The O'Brien Centre 8382 1800
After hours - 24/7 Crisis Intervention 8382 1800
The centre offers case management, in-patient support and 24/7 crisis intervention provided by mental health specialists to people living in Inner Sydney.

Camperdown Mental Health Team 9515 9000
After hours - 24/7 Crisis Intervention 1800 011 511
Provides assessment, case management, counselling, adolescent mental health support and 24/7 crisis intervention to people living in the Inner West.

PODIATRY (FOOT CARE)

The centres below help people 55-years-old and over with their foot and nail care at a low cost.

Cliff Noble Centre, Alexandria 8512 8000
St Helen's Community Centre, Glebe 9298 3050
Reg Murphy Centre, Kings Cross 8374 6310
Harry Jensen Activity Centre, Millers Point 9244 3696
Ron Williams Centre, Redfern 9288 5601
Mary McDonald Centre, Woolloomooloo 8374 6300
Ultimate Community Centre, Ultimo 9298 3103

DENTAL SERVICES

Sydney Dental Hospital 9293 3333
The hospital provides a range of general and specialist dental and oral health care services including fillings, dentures and preventative treatment.

Mission Australia Dental Service 9356 0621
Dental and oral health care for those with special needs, including people who are homeless or in crisis.

MEDICAL CENTRES

General practitioners assist with all general health concerns and referrals to specialists. Please confirm with the centres below whether bulk billing to Medicare is provided for people receiving a Centrelink payment.

Alexandria Medical Centre 9698 1278
Broadway General Practice 9281 5085
CBD Medical Practice (City) 9231 1000
Darlinghurst Medical Centre 8302 1111
Glebe Medical Centre 8070 6888
Fountain Medical Centre, Potts Point 9319 4665
Redfern Medical Centre 9698 5763
Medical Practice Redfern 9699 8327
Rosebery Medical Centre 9667 3542
Surry Hills Village Medical Centre 9319 0656
Surry Hills Medical Centre 9699 3311

AFTER HOURS

After Hours GP Health Line 1800 022 222
A team of general practitioners and nurses provide health information and assistance over the phone.

Emergency Line 000
For serious injuries or if urgent medical help is required.

TRANSPORT TO APPOINTMENTS

South East Sydney Community Transport 9319 4439
Accessible and affordable transport for older people or people with disabilities or illnesses. Transport can be arranged for appointments, shopping or social outings.

HEALTH CARE COMPLAINTS

Health Care Complaints Commission 1800 043 159
Deals with complaints involving individual health practitioners and service providers such as hospitals.